

**STABLE Course**  
**March 18, 2011**  
**7:45 AM – 4 PM**  
**EMS Classroom**  
**Robert Wood Johnson University**  
**Hospital**  
**126 Paterson Street**  
**New Brunswick, NJ**

**Learning Objectives**

- Discuss establishment of intravenous access, monitoring and normalization of infant blood sugars.
- Know the strategies that improve the ability to deliver safe neonatal care
- List the concepts of thermoregulation and prevention of cold stress
- Understand respiratory distress syndrome and support of ventilation in the newborn to maintain normal acid base balance
- Identify and discuss the management of neonatal shock
- Discuss the evaluation and treatment of neonatal sepsis
- Recognize the crisis for families experiencing the birth of a sick neonatal
- Discuss the health care providers role in

**Agenda**

7:45 Registration

8:00 MODULE ONE: Introduction to the S.T.A.B.L.E. Program and principles of SAFE delivery of health care and SUGAR Module

8:30 TEMPERATURE Module

9:00 Post-test Sugar and Temperature Modules

9:30 BREAK and Review Answers

10:00 AIRWAY Module

11:30 Post test Airway Module and Review Answers

12:00 Lunch

1:00 BLOOD PRESSURE Module

2:00 LAB WORK Module

2:30 EMOTIONAL SUPPORT Module

3:00 Post-test Blood pressure, Lab work, Mixed module and Review Answers

3:30 QUALITY IMPROVEMENT/CASE STUDY

4:00 Evaluations/ADJOURN

**Registration Information**  
**STABLE: March 18, 2011**

RWJUH Employee	\$125.00 **
Students:	\$75.00
RWJ Network & Consortium	\$125.00
All others:	\$150.00

**Course fee includes the book!**

Make all checks payable to Robert Wood Johnson University Hospital  
 \*\* RWJUH employees will have their checks returned upon completion of the conference. RWJ Employees will also need to complete a Tuition Waiver form. This form can be found at RWJUH-EMS.org

**Please Print**

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 \_\_\_\_\_  
 Day Phone: \_\_\_\_\_  
 Email \_\_\_\_\_

Confirmation will be provided by email ONLY

Mail to:  
 RWJUH: Attn: Ray Bennett  
 RWJ EMS Education  
 126 Paterson Avenue  
 New Brunswick, NJ 08901

### **Planning Committee**

Lorraine Solecki, APN  
Kathy Mahoney, APN  
Susan Stang, APN  
Raymond Bennett, RN

### **Faculty**

All faculty for this course are certified to instruct in the STABLE curriculum

### **Who Should Attend?**

Any health professional with responsibility for initial newborn care will benefit from this course.

### **Questions?**

Call: 732-937-8686

Or

[Kathleen.mahoney@rwjuh.edu](mailto:Kathleen.mahoney@rwjuh.edu)

*Robert Wood Johnson University Hospital is an approved provider of continuing nursing education by New Jersey State Nurses Association, an accredited approver by the American Nurses Credentialing Center's COA P#133-03/10-13*

*All speakers and planners have agreed that this activity will be free of bias*

*There is no commercial support for this activity*

*There is no noncommercial support for this activity*

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*Contact hours will be given for this activity.*



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